

first edition were sold speaks for the value of the Dictionary, and the large number of co-operators who make use of it answers the purpose of a lengthier review. Reference should be made to other information contained in the book; the following mention is made: "Transportation of explosives and other dangerous articles; table of atomic weights; weights and measures; metric equivalents; equivalent temperature readings; specific gravity equivalents in Baumé and other hydrometer readings; specific gravities of solutions of acids and alkalies, alcohols; and other tables." The Dictionary is the important and major part of the book and commends itself.

Eat and Keep Fit. Preventing and controlling overweight, acidosis and constipation. By LYMAN F. KEBLER, M.D., M.S. Introduction by Dr. Harvey W. Wiley. Dedicated to his wife, Ida Elizabeth Kebler. 302 pages; published by the author. Price \$3.00.

The author is well and favorably known to our members. He was former Government specialist in foods, drugs and medical mail-order schemes, and is now Medical Director of Tennessee Products Corporation, and of health interests of Bowman Biltmore hotels, etc.

The author states that "The aim in this book is to present, in popular form, certain information on foods and nutrition; to keep many thousands of obese persons from falling for the numerous harmful obesity—drug cures and mechanical schemes abroad; to warn women, against abusing their bodies and undermining their health by various food and drug fads; to advise them in matters of diet and exercise and how to prevent and control overweight, constipation and acidosis; to enable them to select suitable diets that make for health, efficiency and better food habits."

A good commendation for the book comes from the pen of the late Harvey W. Wiley, whose department in *Good Housekeeping* (until his demise) is known to all readers; we quote the last paragraph: "Just now, however, I desire to introduce the present work of Dr. Kebler with a word of commendation. The author has followed strictly scientific principles in showing how in a reasonable degree food can be consumed without any unnecessary increase in weight. He has also shown how to decrease, without threat to health, any superabundance of adipose tissue. The problem has been attacked

from all angles and with ability and success. The reader may be assured that there is no 'faddist' statement in the text. Good and sufficient reason for the advice he gives is found in all parts of the volume."

The author has drawn on his knowledge and experience relating to the subject and also on that of other authorities; the book is divided into 19 chapters and an index of 24 pages is convenient for reference.

Annual Survey of American Chemistry, Volume IV, July 1, 1928 to December 31, 1929. Prepared under the auspices of the Division of Chemistry and Chemical Technology of the National Research Council, James E. Mills, *Chairman*. Edited by Director Clarence J. West, Research Information Service, National Research Council. Published by the Chemical Catalog Company, Inc., New York. Price \$4.00; 549 pages, cloth.

It will be noted that the survey represented by Volume IV extends over a period of eighteen months, so that succeeding volumes may apply to the calendar year. No critical review is attempted—the Foreword states that "the object of the survey is to present throughout a period of years a complete review of American chemistry. Therefore, in accordance with a policy previously adopted when the amount of work published in a given field does not warrant a review each year, that chapter is omitted and some other field is selected for review. New authors are also selected (from time to time) in order to obtain a varied point of view in the subject matter presented."

The contributors are well and favorably known in their respective fields; 43 subjects are presented: Colloid chemistry is reported on by Ross Akien Gortner; photochemistry, by George B. Kistiakowsky; pharmaceuticals, by Ernest H. Volwiler; the vitamins, by H. C. Sherman; insecticides and fungicides, by R. C. Roark, etc., etc.

(To be continued)

NATIONAL WHOLESALE DRUGGISTS' ASSOCIATION.

The National Wholesale Druggists' Association held its 56th annual meeting in Edge-water Beach Hotel, Chicago, October 12th to 16th. The elaborate program was carried out and much important business transacted. Report of the meeting will be made in the next issue.